### 2018 B.A.A. HALF MARATHON®

**Presented By** 



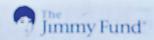
SUPPORTED BY THE JIMMY FUND

Starts and finishes at White Stadium in Franklin Park, Boston

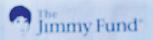
## PARTICIPANT GUIDE

### B.A.A. A. HALF A MARATHON















8:00 A.M.











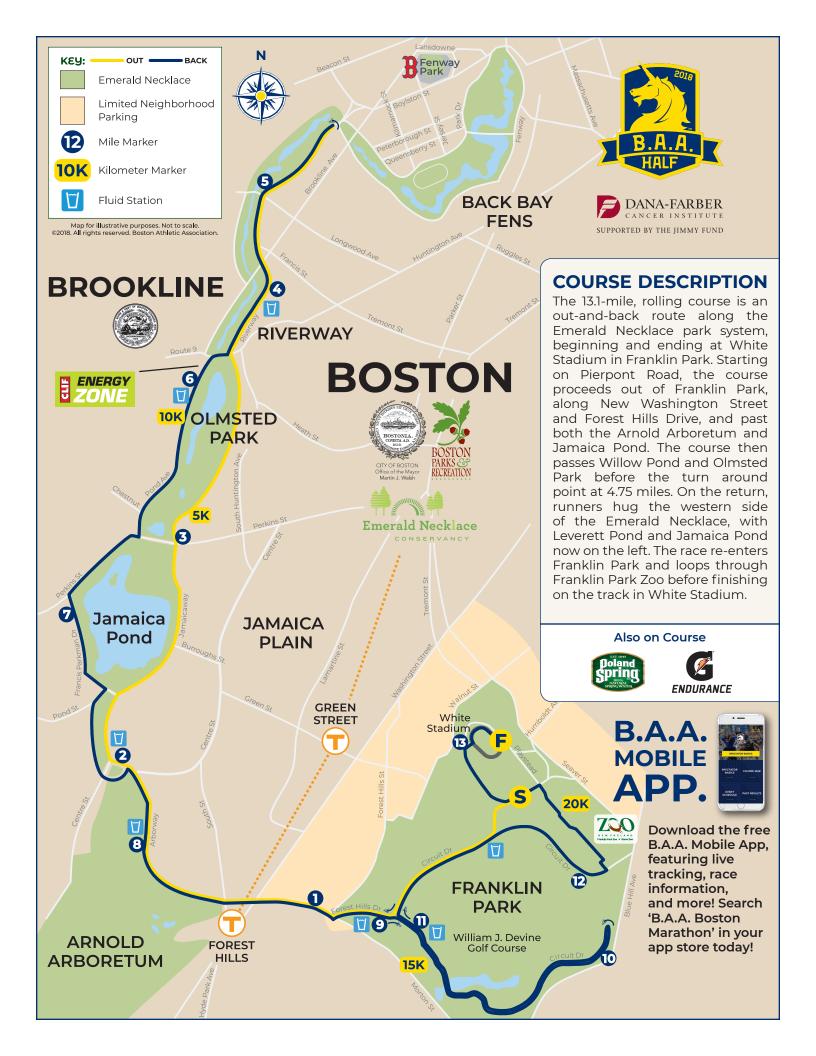












### **RACE DAY SCHEDULE**

5:30-7:15 a.m. Shuttle Service Begins (See below)
6:45 a.m. Roads close within Franklin Park
8:00 a.m. START OF B.A.A. HALF MARATHON

8:15 a.m. Youth Races

9:30 a.m. Post-race refreshments & entertainment

9:30 a.m. Return shuttle service commences

10:00 a.m. Awards Ceremony

11:00 a.m. Course closes & official timing concludes

12:00 p.m. Return shuttle service ends12:00 p.m. Finish area and facilities close

### **PRE-RACE**

### **Bib Number**

Please do not fold, crease, or forcefully bend your bib. The timing and scoring device is affixed to the back of your bib, and should not be damaged or removed from the bib.

If your bib number appears to be damaged, please call the B.A.A. Registration Office at (508)435-6905 or send an e-mail detailing the necessary correction to halfregistration@baa.org.

### Transportation

There is no parking within Franklin Park on race day. The B.A.A. will provide free, round-trip shuttles from Copley Square in downtown Boston to the start/finish area in Franklin Park from 5:30 a.m. – 7:15 a.m. Copley Square is located just steps from the Green Line (Copley Square stop) and Orange Line (Back Bay stop). A shuttle will also run from the Forest Hills Orange Line stop. After the race, shuttles will continuously run until 12:00 p.m. For shuttle details, please visit **www.baa.org** or refer to the Participant E-Mail Newsletters.

### **Gear Check**

Entrants can check belongings at a designated location near the start. Bags will be provided and belongings must be claimed following the race.

Please use the gear tag affixed to your bib number to help us identify your bag once the race has concluded. Please do not check valuables. The B.A.A. is not responsible for lost items.

### The Start

To ease course congestion, a multiple pulsed start program will be implemented. Signs positioned in the start area will indicate your start position based upon expected pace per mile. The timing and scoring system will begin recording your time once you cross the starting line. Your net time will be your official time. All runners must cross the start line in a timely manner in order to be considered an official finisher.

### AT&T Athlete Alerts

The B.A.A. is proud to bring AT&T Athlete Alerts to the B.A.A. Half Marathon! With live updates from the five-mile and ten-mile marks, your biggest fans will be able to track your progress as you run along the Emerald Necklace park system. As you cross the finish line at White Stadium, your net time will be sent to family and friends near and far. To sign up, text\* RUNNER to 35968.



\*Subscribers will be opted in to receive three messages during the race. Message and data rates may apply. Text STOP to cancel, text HELP for assistance. This program is available on the following carriers: AT&T, Boost, Nextel, Sprint, T-Mobile, US Cellular, and Verizon Wireless.

### ALONG THE COURSE

### Course Amenities

Poland Spring® Brand 100% Natural Spring Water will be available at every other mile beginning at mile 2. Gatorade Endurance Formula™ (lemon-lime flavor) will be available at miles 6, 9, and 11.1. Clif Shot Energy Gel® will be available near mile 6. For your convenience, portable toilets will be located at the start/finish, and near each fluid station along the course.







### Medical Assistance

Medical personnel will be available to give emergency care and attend to non-critical injuries at miles 0.7, 2.0, 4.5, 7.5, 11.2, 12.0, and the finish. Additionally, a medical bus will be located at the turnaround at mile 4.7. The B.A.A. is not responsible for event-related injuries, and athletes are responsible for individual expenses incurred. Only runners needing medical attention will be allowed to enter the medical tent.

### **Drop-out and Course Closure**

Runners unable to finish the race may stop at one of the medical facilities along the course for assistance and direction. Sweep vans will follow the race, picking up runners who are unable to finish the course. Finish area facilities officially close at 12:00 p.m. For safety reasons, strollers, in-line skates, skateboards (and similar vehicles of any kind), and animals are not permitted on the course or in White Stadium. The use of headphones is discouraged.

### **POST-RACE**

### Finish Area & T-Shirt Distribution

At the finish, volunteers will direct you to the refreshment areas, the medical tent (if necessary), and the finishers' medals.

Official race shirts will be given out to runners before and after the race.

### Post-Race Refreshments

b.good will be in the finish area serving wraps, chips, and soup to all race participants. Additionally, Kodiak Cakes pancakes and Chameleon Cold-Brew coffee will be offered.



### Timing and Results

Timing will conclude three hours after the official start. Official participants have three hours (3:00:00) net time to complete the race. Only participants who complete the race within this allotted time will be considered official finishers. Roads and paths along the route will begin to reopen to traffic prior to the conclusion of timing and scoring, and those remaining on the course will be directed off the roadways and on to walkways by local police.

Results will be posted Sunday afternoon on www.baa.org.

### Medals

Unicorn finisher medals will be distributed to all finishers beyond the finish line. Those who have completed all three races in the 2018 B.A.A. Distance Medley (5K, 10K, Half Marathon) will be identified by their bib and will receive a special Distance Medley medal.

### **Awards**

The awards ceremony will begin at approximately 10:00 a.m. The top five overall finishers and push rim wheelchair division winners will receive customized B.A.A. Half Marathon awards.

Separately, age group awards will be mailed following results verification. They will not be distributed on-site.



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  (Dana-Farber Marathon Challenge)
- B.A.A. Half Marathon®
- Falmouth Road Race
- B.A.A. 5K®
- · Jimmy Fund 5K & Fun Run
- Run Any Race

RunDanaFarber.org/Team







### **BOSTON ATHLETIC ASSOCIATION (www.baa.org)**

➤ Registration office
One Ash Street, Hopkinton, MA 01748
telephone: (508) 435-6905; email: halfregistration@baa.org

► Administrative office 185 Dartmouth Street, 6th floor, Boston, MA 02116 telephone: (617) 236-1652; email: info@baa.org



DRUG TESTING: The event will engage the United States Anti-Doping Agency (USADA), in accordance with the International Standards of Doping Control, to test selected athletes who earn prize money. Athletes who participate in the 2018 B.A.A. Half Marathon may be subject to drug testing in accordance with the United States Anti-Doping Agency (USADA) Protocol for Olympic Movement Testing (USADA Protocol). USADA will be responsible for conducting comprehensive drug testing, as well as the adjudication of positive findings. Athletes with positive drug test results will have their cases adjudicated according to the USADA Protocol and will be penalized, if appropriate, according to applicable IAAF or World Anti-Doping Agency rules. Such penalties may include, but not be limited to, a period of ineligibility from competition, as well as disqualification from past competitions and cancellation of awards and prizes previously awarded. Any substance taken by an athlete is at his/her own risk and may results in a positive sample.

BEWARE: Some nutrition also upplements, prescription, cold medicines and over-the-countermedications contain prohibited substances. For additional information regarding specific drugs and substances call the USADA Drug Reference Line at 1 (800) 233-0393, or visit www.usantidoping.org.