

**MEDICAL STATIONS**

MILE	SIDE	TOWN
3.05	Left	Ashland
5.4	Left	Framingham
6.9	Left	
8.5	Left	Natick
10.8	Left	
12.0	Right	Wellesley
13.4	Right	
14.7	Left	
15.3	Right	
16.6	Left	Newton
17.5	Left	
18.3	Left	
19.3	Right	
19.9	Left	
20.4	Left	
20.8	Left	
21.1	Left	
21.7	Right	Boston/Brighton
22.0	Right	
22.4	Right	
22.8	Right	Brookline
23.2	Left	
23.9	Right	
24.3	Right	
24.8	Right	Boston
25.5	Left	

**PORTABLE TOILET LOCATIONS**

MILE	SIDE	TOWN
.9	Left	Hopkinton
2.9	Left	Ashland
3.7	Right	
4.5	Right	
6.85	Left & Right	Framingham
7.15	Right	
9.3	Left	Natick
10.15	Right	
11.75	Left	
12.0	Right	Wellesley
14.0	Right	
16.6	Left	Newton
18.2	Left	
19.7	Left	
23.5	Left	Brookline

**PRO HYDRATION STOPS**

MILE	KM	TOWN
3.1	5	Ashland
6.2	10	Framingham
9.3	15	Natick (Fisk Pond)
12.4	20	Wellesley College
15.5	25	Wellesley/Newton
18.6	30	Newton
21.8	35	Brighton
24.9	40	Boston

**HYDRATION STATIONS**

MILE	TOWN
2.1	Ashland
3.1	
4.4	
5.2	Framingham
6.01	
7.1	
8.01	Natick
8.9	
10.1	
11.2	
12.1	Wellesley (Maurten Hydrogel location)
13.3	
14.1	
15.01	
16.01	Newton
17.1	Newton (Maurten Hydrogel location)
18.1	
19.1	
20.1	
21.1	
22.01	Boston (Maurten Hydrogel location)
23.1	Brookline
24.1	
25.1	Boston



If you need to contact the B.A.A. Operations Center, please first contact your Team Captain. B.A.A. Operations Center: (617) 424-7800 (Race Day only).

**START TIMES**

- 6:00 a.m.  
Military March
- 9:02 a.m.  
Men's Wheelchair
- 9:05 a.m.  
Women's Wheelchair
- 9:30 a.m.  
Handcycle and Duo Participants
- 9:37 a.m.  
Professional Men
- 9:47 a.m.  
Professional Women
- 9:50 a.m.  
Para Athletes Divisions
- 10:00 a.m.  
Wave 1
- 10:10 a.m.  
Adaptive Athlete Division
- 10:25 a.m.  
Wave 2
- 10:50 a.m.  
Wave 3
- 11:15 a.m.  
Wave 4

Official timing ceases six hours after the last runner crosses the starting line in Hopkinton.


**SPECTATORS**

- Q:** How may I track a runner on my phone?  
**A:** With the B.A.A. Racing App downloadable via the Apple App and Google Play stores. Track your runner, search for your favorite participants by name, bib, or hometown and view their live location on the course as well as get frequent updates as they start, pass timing marks, and finish!
- Q:** Can I jump onto the course to run a few miles with my friend?  
**A:** No. The B.A.A. strictly prohibits unofficial participation in the Boston Marathon.
- Q:** Where should I meet with a runner after the race?  
**A:** The Family Meeting Area located on Stuart St. and St. James St., two blocks south east of the Boston Marathon Finish Line.
- Q:** Where may I purchase Boston Marathon apparel?  
**A:** At the adidas merchandise tent located at Fan Fest in Copley Sq. Park, at the Expo, or online at adidas.com/us/boston\_marathon.


- Q:** How can I travel along the course and where are the best areas to watch the race from?  
**A:** Please visit the Spectator Information page on [www.baa.org](http://www.baa.org) or download our app. If you plan to travel into Boston, we suggest that you take public transportation.
- Q:** Are shuttles available for spectators?  
**A:** There are no shuttles along the course. The course is accessible via public transportation (MBTA).


**PARTICIPANTS**

- Q:** What if a runner needs medical assistance?  
**A:** Notify your team captain of any medical emergencies. They are able to communicate to the closest medical tent. Hydration Stations do have two emergency responders per station and medical volunteers act as spotters along the course to identify runners in need. Medical volunteers are wearing red jackets.
- Q:** Where are the fluid and gel stations?  
**A:** Fluid stations occur every mile and serve both Poland Springs Water and Gatorade. Maurten Gels are available at mile 12, 17, and 22.



**127TH BOSTON MARATHON**





**VOLUNTEER POCKET GUIDE**

**RACE COURSE**

