



2024

BOSTON 5K

Presented by Point32Health

Point32Health



SATURDAY, APRIL 13, 2024 | 8:00 a.m. | BOSTON COMMON



WWW.BAA.ORG



@TEAMBAA



@BAA

GET READY FOR RACE DAY

- ▶ **Arrive early:** the Boston 5K begins at **8:00 a.m. at Boston Common**. Give yourself plenty of time to arrive and stretch beforehand. Please listen for directions on when and where to line up along Beacon Mall based on your bib number.
- ▶ All runners will be assigned to Wave 1 or Wave 2 start based on expected pace and bib number. Wave 1 will load the start area on Beacon Mall at **7:30 a.m.**, while Wave 2 will load at **7:45 a.m.**
- ▶ You may pick up your adidas participant shirt at the t-shirt tent before or after the race.
- ▶ **Be sure to review the course map.** Poland Spring 100% Natural Spring Water will be available on course, and Gatorade will be at the finish. Portable toilets and medical personnel will also be along the course.
- ▶ **Do not transfer or alter your bib number.** Violators are subject to disqualification.

REVIEW

Review our **Boston 5K Participant Newsletters** for the most up to date information about April's race



DOWNLOAD

Download the B.A.A. Racing App powered by **Tata Consultancy Services** for real-time updates, course information, tracking, and more.

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BOSTON 5K COURSE INFORMATION

The 3.1-mile flat, loop course starts and finishes at historic Boston Common. As the race begins on Charles Street, it proceeds right onto Boylston Street before taking another right onto Arlington Street. Runners then take a left onto Commonwealth Avenue, eventually passing the one mile mark. Reaching Charlesgate West, runners will turn around onto the inbound side of Commonwealth Avenue and follow the Boston Marathon race course, taking a right on Hereford Street and left on Boylston Street, ultimately passing over the Boston Marathon finish line. Participants will continue down Boylston Street before taking a left on Charles Street for the finish.

KEY

-  Information
-  Medical Aid
-  Portable Toilets
-  Start Line Seeding Area

Charles River

BACK BAY

BEACON HILL

PUBLIC GARDEN

BOSTON COMMON

START

FINISH

CHINATOWN

SOUTH END

BANK OF AMERICA
BOSTON MARATHON EXPO



Learn More
SpecialOlympicsMA.org/XtraMile

Special Olympics Massachusetts believes that everyone deserves to be fully included in their community.

Through the power of sports, Special Olympics is working to make our lives more inclusive. The funds raised through the Boston 5K will provide opportunities for individuals with intellectual disabilities to compete and train in an inclusive and supportive environment.

B.A.A. INVITATIONAL MILE & SCHOLASTIC RACES

SATURDAY, APRIL 13 at 10:30 a.m.
BOSTON MARATHON FINISH LINE

