+ MEDICAL STATIONS

| $\begin{aligned} & \text { MILE } \\ & 3.05 \end{aligned}$ | $\begin{gathered} \text { SIDE } \\ \text { Left } \end{gathered}$ | TOWN <br> Ashland |
| :---: | :---: | :---: |
| 5.4 | Left | Framingham |
| 6.9 | Left |  |
| 8.5 | Left | Natick |
| 10.8 | Left |  |
| 12.0 | Right | Wellesley |
| 13.4 | Right |  |
| 14.7 | Left |  |
| 15.3 | Right |  |
| 16.6 | Left | Newton |
| 17.5 | Left |  |
| 18.3 | Left |  |
| 19.3 | Right |  |
| 19.9 | Left |  |
| 20.4 | Left |  |
| 20.8 | Left |  |
| 21.1 | Left |  |
| 21.7 | Right | Boston/Brighton |
| 22.0 | Right |  |
| 22.4 | Right |  |
| 22.8 | Right | Brookline |
| 23.2 | Left |  |
| 23.9 | Right |  |
| 24.3 | Right |  |
| 24.8 | Right | Boston |
| 25.5 | Left |  |

## START TIMES

Military March
9:02 a.m.
Men's Wheelchair
9:05 a.m.
Women's Wheelchair
9:30 a.m
Handcycle and Duo Participants
9:37 a.m.
Professional Men
Professional Women
Pitr
Para Athletes Divisions
10:00 a.m.
Wave 1
10:10 a.m
Adaptive Athlete Division
$10: 25$ a.m.
Wave 2
Wave 2
Wave 3
17:15 a.m.
Wave 4
Official timing ceases six hours after the last runner crosses
the starting line in Hopkinton. the starting line in Hopkinton.
(1if) PORTABLE TOILET LOCATIONS

| MILE SIDE <br> .  | Left | TOWN <br> Hopkinton |
| :--- | :---: | :--- |
| 2.9 | Left | Ashland |
| 3.7 | Right |  |
| 4.5 | Right |  |
| 6.85 | Left \& Right | Framingham |
| 7.15 | Right |  |
| 9.3 | Left | Natick |
| 10.15 | Right |  |
| $\mathbf{1 1 . 7 5}$ | Left |  |
| 12.0 | Right | Wellesley |
| $\mathbf{1 4 . 0}$ | Right |  |
| 16.6 | Left | Newton |
| 18.2 | Left |  |
| $\mathbf{1 9 . 7}$ | Left |  |
| $\mathbf{2 3 . 5}$ | Left | Brookline |

P PRO HYDRATION STOPS

| MILE | KM | TOWN |
| :--- | :---: | :--- |
| 3.1 | 5 | Ashland |
| 6.2 | 10 | Framingham |
| 9.3 | 15 | Natick (Fisk Pond) |
| 12.4 | 20 | Wellesley College |
| 15.5 | 25 | Wellesley/Newton |
| 18.6 | 30 | Newton |
| 21.8 | 35 | Brighton |
| 24.9 | 40 | Boston |

## SPECTATORS

Q: Can I jump onto the course to run a few miles
with my friend?
A: No. The B.A.A. strictly prohibits unofficial participation in the Boston Marathon.

Q: Where should I meet with a runner after the race?
A: The Family Meeting Area located on Stuart St and St. James St., two blocks south east of the Boston Marathon Finish Line.

Q: Where may I purchase Boston Marathon apparel?
A: At the adidas merchandise tent located at Fan Fest at City Hall Plaza, at the Expo, or online at adidas.com/us/boston_marathon.
Q: How can I travel along the course and where are the best areas to watch the race from?
A: Please visit the Spectator Information page on www.baa.org ordown wis that you tak public transportation public transportation.

Q: Are shuttles available for spectators?
A: The are no shuttles along the course. The course is accessible via public transportation (MBTA).

[^0] (617) 424-7800 (Race Day only).
(u) HYDRATION STATIONS


Q: How may I track a runner on my phone?
A: With the B.A.A. Racing App downloadable via the Apple App and Google Play stores. Track your runner, search for your favorite participants by name, bib, or hometown and veurse updas as they start pass timing marks, and finish!

## $Q_{\text {Apo soie }}$ acomeder

## PARTICIPANTS

Q: What if a runner needs medical assistance? A: Notify your team captain of any medical emergencies. They are able to communicate to the closest medical tent. Hydration Stations do have two emergency responders per station and medical volunteers act as spotters along the course to identify runners in need. Medical volunteers are wearing red jackets.
Q: Where are the fluid and gel stations?
Fluid stations occur every mile and serve both Poland Springs Water and Gatorade. Maurten Gels are available at mile 12,17 , and 22 .


## VOLUNTEER POCKET GUIDE

## RACE COURSE

BANKOFAMERICA
KEY
Y Medical Station
$\square$ Hydration Station
ilii Portable Toilets
4 MBTA Green Line
7 MBTA Orange Line
7 Commuter Rail
26 Mile Marker
P Pro Hydration Station


90
NEWTON


BROOKLINE
(2)

## BOSTON MARATHON® Official JetBlue Course Map ${ }^{\text {B }}$ jetBlue ,

| MBTA | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| STATION | Woodland (D Line) | Boston College (B Line) | Cleveland Circle <br> - St. Mary's (C Line) | Kenmore (B, C, D Lines) | Hynes Convention Ctr. (B, C, D Lines) | Copley (all Green Lines) | Back Bay <br> - Orange Line (and Commuter Rail) | Prudential (E Line) | Arlington (all Green Lines) | Park Street (all Red \& Green Lines) |
| COURSE LOCATION | 16.8 Miles | 21.4 Miles | 22.4-25 Miles | 25.2 Miles | 25.5 Miles | CLOSED | Finish Area* | Finish Area* | Finish Area* | Finish Area* |
| COMMUTER RAIL | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |  |
| STATION | Ashland | Framingham | West Natick | Natick | Wellesley Square | Wellesley Hills | Wellesley Farms | Yawkey | Back Bay | For more information |
| COURSE LOCATION | 3.7 Miles* | 6.6 Miles | 8.0 Miles* | 10.0 Miles* | 13.4 Miles | 14.4 Miles | 15.5 Miles | 25.1 Miles | Finish Area* | visit www.mbta.com |

[^1]
[^0]:    If you need to contact the B.A.A. Operations Center, please
    first contact your Team Captain. B.A.A. Operations first contact your Team Captain. B.A.A. Operations Center.

[^1]:    *Stations are a short (less than one mile) walk from the course

