

+ MEDICAL STATIONS

MILE	SIDE	TOWN
3.05	Left	Ashland
5.4	Left	Framingham
6.9	Left	
8.5	Left	Natick
10.8	Left	
12.0	Right	Wellesley
13.4	Right	
14.7	Left	
15.3	Right	
16.6	Left	Newton
17.5	Left	
18.3	Left	
19.3	Right	
19.9	Left	
20.4	Left	
20.8	Left	
21.1	Left	
21.7	Right	Boston/Brighton
22.0	Right	
22.4	Right	
22.8	Right	Brookline
23.2	Left	
23.9	Right	
24.3	Right	
24.8	Right	Boston
25.5	Left	

🚻 PORTABLE TOILET LOCATIONS

MILE	SIDE	TOWN
.9	Left	Hopkinton
2.9	Left	Ashland
3.7	Right	
4.5	Right	
6.85	Left & Right	Framingham
7.15	Right	
9.3	Left	Natick
10.15	Right	
11.75	Left	
12.0	Right	Wellesley
14.0	Right	
16.6	Left	Newton
18.2	Left	
19.7	Left	
23.5	Left	Brookline

P PRO HYDRATION STOPS

MILE	KM	TOWN
3.1	5	Ashland
6.2	10	Framingham
9.3	15	Natick (Fisk Pond)
12.4	20	Wellesley College
15.5	25	Wellesley/Newton
18.6	30	Newton
21.8	35	Brighton
24.9	40	Boston

🥤 HYDRATION STATIONS

MILE	TOWN
2.1	Ashland
3.1	
4.4	
5.2	Framingham
6.01	
7.1	
8.01	Natick
8.9	
10.1	
11.2	
12.1	Wellesley (Maurten Hydrogel location)
13.3	
14.1	
15.01	
16.01	Newton
17.1	Newton (Maurten Hydrogel location)
18.1	
19.1	
20.1	
21.1	
22.01	Boston (Maurten Hydrogel location)
23.1	Brookline
24.1	
25.1	Boston

START TIMES

6:00 a.m. Military Marchers	10:00 a.m. Wave 1
9:06 a.m. Men's Wheelchair	10:15 a.m. Wave 2
9:09 a.m. Women's Wheelchair	10:28 a.m. Wave 3
9:30 a.m. Handcycles and Duos	10:41 a.m. Wave 4
9:37 a.m. Professional Men	11:01 a.m. Wave 5
9:47 a.m. Professional Women	11:21 a.m. Wave 6
9:50 a.m. Para Athletics Division	

Official timing ceases at 5:30 p.m., approximately six hours after the last runner crosses the starting line in Hopkinton.

SPECTATORS

- Q:** Can I jump onto the course to run a few miles with my friend?
A: No. The B.A.A. strictly prohibits unofficial participation in the Boston Marathon.
- Q:** Where should I meet with a runner after the race?
A: The Family Meeting Area located on Stuart St. and St. James St., two blocks south east of the Boston Marathon Finish Line.
- Q:** Where may I purchase Boston Marathon apparel?
A: At the adidas merchandise tent located at Fan Fest at City Hall Plaza, at the Expo, or online at adidas.com/us/boston_marathon.
- Q:** How can I travel along the course and where are the best areas to watch the race from?
A: Please visit the Spectator Information page on www.baa.org or download our app. If you plan to travel into Boston, we suggest that you take public transportation.
- Q:** Are shuttles available for spectators?
A: There are no shuttles along the course. The course is accessible via public transportation (MBTA).

If you need to contact the B.A.A. Operations Center, please first contact your Team Captain.
 B.A.A. Operations Center: (617) 424-7800 (Race Day only).

Q: How may I track a runner on my phone?

A: With the B.A.A. Racing App downloadable via the Apple App and Google Play stores. Track your runner, search for your favorite participants by name, bib, or hometown and view their live location on the course as well as get frequent updates as they start, pass timing marks, and finish!



PARTICIPANTS

- Q:** What if a runner needs medical assistance?
A: Notify your team captain of any medical emergencies. They are able to communicate to the closest medical tent. Hydration Stations do have two emergency responders per station and medical volunteers act as spotters along the course to identify runners in need. Medical volunteers are wearing red jackets. When in doubt call 911.
- Q:** Where are the fluid and gel stations?
A: Fluid stations occur every mile and serve both Poland Spring Water and Gatorade. Maurten Gels are available at mile 12, 17, and 22.



FINISH LINE INFORMATION

- ▶ The Finish Line closes at 5:30pm.
- ▶ All participants who finish after 5:30pm will receive a medal but will not be listed as an official finisher.
- ▶ On-course support for late finishers will be provided from mile 22 through the finish.
- ▶ Tracking in the official app will remain open until 6:30pm, one hour after the official finish line closes.



130TH BOSTON MARATHON[™]
 BANK OF AMERICA

VOLUNTEER POCKET GUIDE



RACE COURSE



130TH BOSTON MARATHON[™] 2026

START





The historic course starts on Main Street in the rural New England town of Hopkinton and follows Route 135 through Ashland, Framingham, Natick, and Wellesley to where Route 135 joins Route 16. It continues along Route 16 through Newton Lower Falls, turning right at the fire station onto Commonwealth Avenue, which is Route 30. It follows Commonwealth Ave. through the Newton Hills, bearing right at the reservoir onto Chestnut Hill Avenue to Cleveland Circle. The route then turns left onto Beacon Street continuing through Brookline, Kenmore Square, and under Massachusetts Avenue. The course turns right onto Hereford Street (against normal traffic flow) then left onto Boylston Street, finishing near the Boston Public Library in Copley Square.

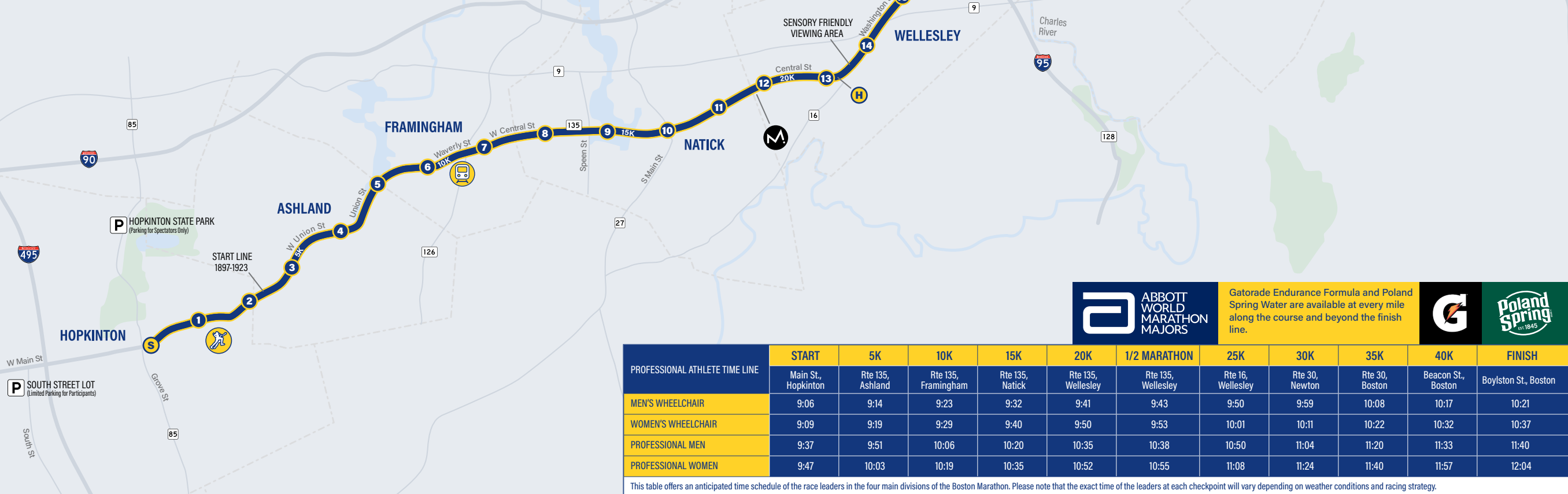
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MARATHON LANDMARKS

- Stylianos Kyriakides 'Spirit of the Marathon' Statue MILE 1
- Historic Framingham Train Depot MILE 6.5
- Ladder 2 and the start of the famed hills of Newton MILE 17.1
- Johnny Kelley 'Young at Heart' Statue MILE 19.2
- The crest of "Heartbreak Hill" MILE 20.8
- CITGO sign in Kenmore Square and "1 Mile to go" MILE 25.2

OFFICIAL jetBlue COURSE MAP

THE OFFICIAL AIRLINE OF THE BOSTON MARATHON



Gatorade Endurance Formula and Poland Spring Water are available at every mile along the course and beyond the finish line.



PROFESSIONAL ATHLETE TIME LINE	START	5K	10K	15K	20K	1/2 MARATHON	25K	30K	35K	40K	FINISH
	Main St, Hopkinton	Rte 135, Ashland	Rte 135, Framingham	Rte 135, Natick	Rte 135, Wellesley	Rte 135, Wellesley	Rte 16, Wellesley	Rte 30, Newton	Rte 30, Boston	Beacon St., Boston	Boylston St., Boston
MEN'S WHEELCHAIR	9:06	9:14	9:23	9:32	9:41	9:43	9:50	9:59	10:08	10:17	10:21
WOMEN'S WHEELCHAIR	9:09	9:19	9:29	9:40	9:50	9:53	10:01	10:11	10:22	10:32	10:37
PROFESSIONAL MEN	9:37	9:51	10:06	10:20	10:35	10:38	10:50	11:04	11:20	11:33	11:40
PROFESSIONAL WOMEN	9:47	10:03	10:19	10:35	10:52	10:55	11:08	11:24	11:40	11:57	12:04

This table offers an anticipated time schedule of the race leaders in the four main divisions of the Boston Marathon. Please note that the exact time of the leaders at each checkpoint will vary depending on weather conditions and racing strategy.

MBTA	1	2	3	4	5	6	7	8	9	10
STATION	Woodland (D Line)	Boston College (B Line)	Cleveland Circle - St. Mary's (C Line)	Kenmore (B, C, D Lines)	Hynes Convention Ctr. (B, C, D Lines)	Copley (all Green Lines)	Back Bay - Orange Line (and Commuter Rail)	Prudential (E Line)	Arlington (all Green Lines)	Park Street (all Red & Green Lines)
COURSE LOCATION	16.8 Miles	21.4 Miles	22.4-25 Miles	25.2 Miles	25.5 Miles	CLOSED	Finish Area*	Finish Area*	Finish Area*	Finish Area*
COMMUTER RAIL	1	2	3	4	5	6	7	8	9	
STATION	Ashland	Framingham	West Natick	Natick	Wellesley Square	Wellesley Hills	Wellesley Farms	Yawkey	Back Bay	
COURSE LOCATION	3.7 Miles*	6.6 Miles	8.0 Miles*	10.0 Miles*	13.4 Miles	14.4 Miles	15.5 Miles	25.1 Miles	Finish Area*	

For more information and MBTA schedules, visit www.mbta.com

*Stations are a short (less than one mile) walk from the course.