

B.A.A. Invitational Mile Professional Fields – Top Contenders

Men's Event Record: 4:03.3, Nick Willis, 2013

MEN'S FIELD	COUNTRY	MILE BEST	NOTES
Adam Fogg	GBR	3:49.62 (NYC, 2024)i	7 th at the 2026 World Cross Country Championships Mixed Relay; 14 th at the 2024 World Indoor Championships 1500m; 4 th at the British National Indoor Championships in the 1500m this year.
Luke Houser	USA	3:51.14 (Boston, 2025)i	2025 World Indoor Championships bronze medalist at 1500m; two-time NCAA champion for the indoor mile; member of the 4x800 world record team from the Atlanta Track Club; was 10 th at the 2025 B.A.A. Invitational Mile.
Foster Malleck	CAN	3:51.39 (Boston, 2026)i	Earned gold at the 2025 NACAC Championships in the 1500m (3:37.54); 9 th at 2026 World Cross Country Championships in the mixed relay event; has represented Canada at World Championships indoors and out.
Eric Holt	USA	3:51.45 (Philadelphia, 2024)	Olympic Trials finalist in the 1500m; 12 th at the 2025 U.S. Outdoor Championships 1500m; 11 th at the 2025 Fifth Avenue Mile in NYC.
Steven Jackson	USA	3:52.71 (Boston, 2025)i	7 th at the 2025 NCAA Indoor Championships Mile; runner-up at the 2025 ACC Championships Mile indoors; competed for Boston College.
Abe Alvarado	MEX	3:53.17 (Middletown, 2025)	6 th and 7 th at the 2024 and 2023 B.A.A. Invitational Miles; 7 th at the 2025 USA Outdoor Championships 800m; set a personal best in the 800m indoors this February (1:45.62).
Isaac Basten	USA	3:53.54i (Boston, 2024)	B.A.A. High Performance Team member; 2 nd at the NCAA Indoor Mile in 2023; Olympic Trials qualifier in 2024; 4 th at 2025 B.A.A. Invitational Mile.
Damien Dilcher	USA	3:54.32 (Boston, 2025)	6 th at the 2025 USA Indoor Championships 3000m; 6 th at the Grand Blue Mile in 2025; 5 th at 2024 NCAA Championships 1500m.
Sean Dolan	USA	3:55.52 (New York City, 2026)i	Represented Team USA at the 2026 World Indoor Championships in the 800m in Poland; Silver medalist in the 800m at 2026 USA Indoors; member of the Atlanta Track Club 4x800m world record relay team.
Eric Gibson	USA	3:56.39 (Boston, 2025)i	In 2025 set PB's of 1:48.90 for 800m, 3:39.87 for 1500m, 3:56.39 for the mile; ran at Washington and Dartmouth.
Clay Pender	USA	3:57.21 (Columbia, 2025)i	Part of the Atlanta Track Club's world record 4x800 Relay in February; previously ran for the University of Georgia; making B.A.A. Invitational Mile debut.
Caleb Easton	USA	3:57.51 (Seattle, 2025)	Ran for Northern Arizona University; set PB's of 3:57.51 for the mile and 8:13.48 for 3000m last year.
Luciano Fiore	USA	3:57.15 (Falmouth, 2024)	Set a world record as part of Atlanta Track Club's 4x800 Relay in February; ran the 800m at the 2026 USA Indoor Championships; 2024 Olympic Trials qualifier in the 800m.
Collins Kibiwott Koech	KEN	3:58.63 (Herzogenaurach, 2025)	In 2025 was 5 th at the adidas Road to Records Mile in 3:58.63; has run 3:35.47 for 1500m.

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Women’s Event Record: 4:33.7, Nicole Sifuentes, 2017

WOMEN'S FIELD	COUNTRY	MILE BEST	NOTES
Heather MacLean	USA	4:17.01 (Boston, 2025)i	2021 Olympian; 7 th at both the 2025 and 2022 World Indoor Championships 1500m; 4 th at the 2022 B.A.A. Invitational Mile; from Peabody, Mass now representing adidas.
Dorcus Ewoi	KEN	4:19.71 (Raleigh, 2024)	Won last year’s B.A.A. Invitational Mile in 4:42.57; earned silver in the 1500m at the World Championships in Tokyo year; 1500m PB of 3:54.92.
Taryn Parks	USA	4:23.10 (Boston, 2026)i	5 th at this year’s USA Indoor Championships in the 1500m; former All-ACC at North Carolina; now runs for adidas.
Rachel McArthur	USA	4:23.98 (Raleigh, 2025)	2024 USA National Road Mile Champion; Olympic Trials qualifier in the 1500m; 10 th at this year’s US Indoor 1500m.
Julie-Anne Staehli	CAN	4:27.20 (Boston, 2024)i	2023 Pan American Games bronze medalist in the 5000m; 2021 Olympian at 5000m; 4 th place at 2025 B.A.A. Invitational Mile.
Kimberley May	NZL	4:27.36 (Brighton, 2024)i	2025 World University Games bronze medalist at 1500m; Providence College alum; 6 th at 2025 NCAA Championships 1500m.
Abbe Goldstein	USA	4:28.61 (Boston, 2025)i	Set indoor PB in the 3000m in Boston this February (9:04.49); 7 th and 8 th at the 2024 and 2025 B.A.A. Invitational Miles.
Alex Carlson	USA	4:29.14 (Seattle, 2025)i	Northern Arizona University alum now running for adidas; 2025 Big Sky Conference Champion in the 800m.
Kate Mitchell	USA	4:29.69 (Falmouth, 2024)	3 rd place in the 2025 B.A.A. Invitational Mile; Olympic Trials qualifier in the 800m; Boston College graduate from Lynnfield, Mass.
Shannon Flockhart	GBR	4:30.83 (Boston, 2024)i	Providence College graduate; Big East champion in the 1500m and mile last year; NCAA qualifier in the 3000m and Distance Medley in 2025.
Olivia Howell	USA	4:33.75 (Nashville, 2022)i	2023 NCAA Indoor Mile champion; University of Texas and Illinois alum now running for adidas
Brooke Mullins	AUS	4:39.43 (Gainesville, 2025)i	Formerly ran for Florida State and Drake; now runs for the B.A.A.; 2025 NCAA Championships qualifier in the 3000m steeplechase.
Sherry Drury	JPN	4:15.50 1500m (i)	2024 Asian Junior Champion at 1500m; has run 2:07 for 800m.