

2026 B.A.A. 10K Pro Field Bios & Pronunciations

PRO MEN

FIRST LAST	COUNTRY	10K PB	NOTES
Dawit Seare	Eritrea	27:21 (Valencia, 2025)	2025 Boston 5K champion; 4th at 2023 World Road Running Championships 5K; 2024 Olympian in the 5000m.
Adriaan Wildschutt	South Africa	27:28 (Gqeberha, 2025)	Won 2026 NYC Half (59:30); 13th at 2026 World Cross Country Championships; 10th at the 2024 Olympic 10,000m.
Alexander Mutiso	Kenya	27:35 (Prague, 2022)	2024 London Marathon champion; 2nd at 2025 NYC Marathon; 3rd at 2026 Tokyo Marathon; Boston road racing debut.
Patrick Kiprop	Kenya	27:35 (Atlanta, 2025)	2nd at 2026 Houston Half (59:14); 5th at 2026 Boston 5K (13:26); winner of 2025 Peachtree Road Race.
Ahmed Muhumed	USA	27:52 (Miramar, FL)	Won 2026 USA 5 Mile Nat'l Championships; 3rd at 2026 USA Half Marathon Championships; 46th at 2026 World Cross Country Championships; 4th at USA 10,000m Champs in 2025.
Hagos Gebrhiwet	Ethiopia	27:57 (Jaen, 2023)	2016 Olympic bronze medalist at 5000m; 2012 World Champs silver medalist at 5000m; 2015 World Champs bronze medalist at 5000m; 5th at 2024 Olympic 5000m; winner of the 2018 and 2019 Boston 5K.
Mohamed Reda El Aaraby	Morocco	27:58 (Valencia, 2019)	6th and 8th at 2026 Oita and Hamburg Marathons; 11th at 2021 Tokyo Olympic Marathon; 11th at 2023 Boston Half.
Pablo Alba	Spain	28:06 (Valencia, 2026)	12th at Spain National Half Marathon Championships; 4th at 2026 Spain Champs in the 10,000m.
Andrew Colley	USA	28:09 (Atlanta, 2025)	1st at 2026 US 25K Champs; 2:09:33 at 2026 Seville Marathon; 1:01:30 at 2026 Houston Half; 8th at 2025 B.A.A. 10K.
Alex Masai	Kenya	28:09 (Boston, 2023)	9th at 2026 Boston Marathon (2:05:32); 7th, 3rd, 8th, and 12th at the 2022, '23, '24, and '25 B.A.A. 10Ks; 3rd at the 2023 Boston 5K.
Patrick Tiernan	Australia	28:09 (Manchester, 2024)	3-time Olympian; 9th at 2025 B.A.A. 10K; 11th at 2025 Boston Marathon; 2nd at 2023 Boston Half.
Tesfu Tewelde	Eritrea	28:11 (Mesa, 2025)	2nd at 2026 Honolulu Half; 10th at 2026 Pittsburgh Half; 2013 World Youth Championships silver medalist at 1500m.
William Amponsah	Ghana	28:13 (Atlanta, 2025)	2024 All Africa Games silver medalist in the half marathon; NCAA Division II national champion at West Texas A&M; 8th at 2025 Peachtree Road Race.
Robert Miranda	USA	28:16 (Charleston, 2026)	B.A.A. High Performance Team member; 2:09:40 for 24th at the 2026 Boston Marathon; 10th at 2026 USA Half Marathon Championships.

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Andrew Alexander	Canada	28:18 (Ottawa, 2025)	Winner of 2026 Ottawa 10K; 2nd at 2026 Toronto 10K; 10th at 2025 B.A.A. 10K
Barry Keane	Ireland	28:28 (Charleston, 2026)	2:13:01 at 2026 Boston Marathon; 7th at 2025 Boston Half; 17th at the 2025 B.A.A. 10K.
Futsum Zienasellassie	USA	28:41 (Cape Elizabeth, 2024)	Winner of 2022 and 2025 CIM Marathons; 15th at 2026 Paris Marathon; 33rd at 2023 World Half Marathon Champs.
Brian Shrader	USA	29:11 (Boston, 2019)	7th at 2019 B.A.A. 10K; 12th at 2025 Sydney Marathon; 8th at 2018 Boston Half.
Robert Warner-Judd	Great Britain	29:22 (Partington, 2023)	Has run 1:05:26 at the Barcelona Half this year.
Hillary Bor	USA	29:24 (Northport, 2024)	2-time Olympian in the 3000m steeplechase; 2nd at 2026 USA Half Marathon championships; 10th at 2026 Rotterdam Marathon (2:08:40).
Erik Linden	USA	29:42 (Boston, 2024)	2nd at 111th at 2024 Olympic Marathon Trials; 2:12:12 at Marathon Project this year; 15th at 2026 USA Half Champs.
Brian Harvey	USA	29:51 (Cape Elizabeth, 2014)	B.A.A. Running Club member; 3-time Olympic Trials Marathon qualifier.
Aaron Gruen	Austria	30:05 (Boston, 2025)	52nd at 2025 World Championships Marathon; 2nd at New Bedford and 13.1 Project Halves this year; Austrian national record holder in the marathon and half.
Ryan Eiler	USA	30:18 (Boston, 2024)	B.A.A. Running Club Member; 2:14:22 at 2024 Boston Marathon; 19th and 20th at 2024 and 2025 B.A.A. 10Ks.
Timothy Gill	USA	30:19 (Gloucester, 2022)	23rd at 2025 B.A.A. 10K.
Ryan Ford	USA	30:22 (Boulder, 2026)	2:05:46 for 12th at 2026 Boston Marathon; 10th at 2025 Boston Marathon; 6th at 2026 Houston Half in 59:48 PB.
Yankarlos Diaz	USA	30:35 (Holyoke, 2026)	2nd at St Patrick's Road Race 10K in Holyoke
Brett Brady	USA	31:01 (Northport, 2024)	21st at B.A.A. 10K in 2025.
Neil Ibata	France	31:19 (Boston, 2025)	2:22:20 for 83rd at 2026 Boston Marathon; 22nd at 2025 B.A.A. 10K.
Raphael Dapash	Kenya	N/A	Has run 13:28.80 for 5000m this year on the track and 27:09.32 last year.
Marcelo Laguera	Mexico	N/A	6th at 2023 PanAm Games 10,000m; 48th at 2025 World Half Marathon Championships; 6th at 2026 LA Marathon.
Murphy Smith	USA	N/A	B.A.A. Team Member; 2:08:58 23rd at 2026 Boston Marathon; 1st at New Bedford Half; 13th at 2025 NCAA 10,000m Champs.

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Shinsaku Kudo	Japan	N/A	Has run 1:00:06 for the Half Marathon (Marugame, 2025); 13:31 for 5K and 2:07:34 at the Tokyo Marathon this year.
Ethan Gregg	USA	N/A	Member of the Hansons-Brooks Original Distance Project; 6th at 2026 Houston Marathon in 2:13:32.
Philip White	USA	N/A	Ran 1:10:47 at 2025 Boston Half.
Oisín Ó'Gailín	Ireland	N/A	Has run 13:37.14 outdoors for 5000m this year.
Andrew Kaye	USA	N/A	24th at 2026 USA Half Championships.
Ben Burgess	USA	N/A	Former Umass Amherst runner from Framingham.
Liam Back	New Zealand	N/A	Ran at Providence College

PRO WOMEN

FIRST LAST	COUNTRY	10K PB	NOTES
Gladys Kwamboka	Kenya	30:24 (Castellon, 2025)	2025 African Champion at 10,000m; Winner of Venlo Half (1:06:45) and Mombasa 10,000m (33:29.5) this year.
Jess Warner-Judd	Great Britain	30:41 (Valencia, 2024)	8th at 2023 World Championships 10,000m; 2021 Olympian in the 5000m and 10,000m; 2:29:28 for 12th at 2026 London Marathon.
Sharon Lokedi	Kenya	30:52 (NYC, 2022)	2025 B.A.A. 10K Champion; 2-time Boston Marathon champion (2025/2026) and Course Record Holder (2:17:22); 4th at 2024 Olympic Marathon; 2022 NYC Marathon champion.
Veronica Loleo	Kenya	30:53 (Herzogenaurach, 2023)	3rd at 2026 Berlin Half (1:05:35); won 2025 Utica Boilermaker 15K; 4th at 2024 Boston Half.
Viola Cheptoo	Kenya	30:55 (Phoenix, 2019)	6th at 2026 Tokyo Marathon; 2nd at 2019 Boston 5K; 2nd at 2021 NYC Marathon; 6th at 2022 Boston Marathon; 2016 Olympian at 1500m.
Rino Goshima	Japan	30:55 (Castellon, 2023)	7th at 2026 Nagoya Marathon (2:24:44); 18th at 2024 Olympics 10,000m; 2019 World University Games silver medalist at 10,000m.
Stacy Ndiwa	Kenya	31:01 (Herzogenaurach, 2024)	5th at 2024 B.A.A. 10K; 2024 Peachtree Road Race champion; 2nd at 2023 B.A.A. 10K; 2018 Commonwealth Games silver medalist at 10,000m.
Daisilah Jerono	Kenya	31:45 (Macau, 2025)	2026 Santa Pola Half champion; 2nd at both Berlin Half and Dubai Half in 2026; won 2025 Jakarta Half.

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Priscah Cheronon	Kenya	31:53 (Marseille, 2002)	Winner of 2026 LA Marathon; also winner of 2025 Marathon Project (2:25:17) and Boulder Half; 4th at 2011 World Champs 10,000m; bronze at 2007 World Champs 5000.
Winfred Mbithe	Kenya	32:09 (Brasov, 2025)	4th at this year's World Cross Country Champs Mixed Relay; Gold medalist in the 2017 World Cross Country Mixed Relay; bronze medalist at the 2019 World Cross Country Mixed Relay.
Megan Sailor	USA	32:28 (Cape Elizabeth, 2025)	10th at 2025 B.A.A. 10K; 8th at 2025 US 20K Champs; 6th at 2025 Boston Half; Member of B.A.A. High Performance Team.
Lauren Hagans	USA	32:33 (Hardeeville, 2021)	6th 2019 PanAm Games 5000m; 2023 Grandma's Marathon Champion; won the 2017 Boston 10K for Women.
Anne-Marie Blaney	USA	32:39 (Atlanta, 2023)	12th at 2026 Gate River Run 15K; 6th and 7th at the 2023 and 2017 Boston 10K for Women; 16th at 2024 US Olympic Trials Marathon.
Gracelyn Larkin	Canada	32:42 (Ottawa, 2025)	2025 Canadian Nat'l Champion for 10K; 3rd at 2026 Toronto 10K; won 2026 Stanford Invite 10,000m; Raced at 2022 World Champs in 5000m.
Rachael Rudel	USA	32:46a (Boulder, 2026)	2nd at 2026 USA 4 Mile Championship; 3rd at 2026 Boulder Bolder 10K; 17th at 2025 USA Cross Country Championships.
Jackie Gaughan	USA	33:19 (Cape Elizabeth, 2024)	2nd at 2024 CIM Marathon (2:24:40); 25th at 2024 US Olympic Trials Marathon; 2nd at 2026 New Bedford Half; 16th at 2024 B.A.A. 10K.
Annie Heffernan	USA	33:48 (Boston, 2024)	19th at 2026 US Half Champs; 12th at 2025 Cal Int'l Marathon; 105th at 2024 US Olympic Marathon Trials; 17th 2024 B.A.A. 10K.
Elissa Legault	Canada	33:51 (Ottawa, 2023)	23rd at 2025 Valencia Marathon (2:29:05); 6th at 2025 Canadian 5K Champs; 2nd at 2026 Project 13.1 in 1:11:25 PB.
Haftamnesh Tesfaye	Ethiopia	33:53 (Luanda, 2013)	2nd at 2026 Vienna Marathon (2:20:18); won 2025 Trient Half (1:11:53); 2013 African Junior Champ at 3000m; 2012 World Junior Championships 4th place 3000m.
Alexandra Lucki	Canada	33:57 (Ottawa, 2025)	13th at 2026 Boston 5K; 5th at 2026 New Bedford Half; 7th at 2025 Canadian 10K Champs.
Shiho Tachizako	Japan	34:04 (Okayama, 2022)	8th at 2025 Japan Champs in the 10,000m; 1:11:16/2:33:47 half and full marathon PBs.
Gabi Rooker	USA	34:11 (Charleston, 2026)	9th at 2025 Chicago Marathon; 19th at 2024 U.S. Olympic Trials Marathon; 12th at 2026 Cooper River Bridge 10K.
Diana Bogantes	Costa Rica	34:19 (NYC, 2023)	55th at 2025 World Champs Marathon; 12th at 2024 Boston Half; 23rd at 2026 Boston Marathon.

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Nina Usubyan	Armenia	34:54 (Pittsburgh, 2021)	14th at 2025 European Championships Marathon; 44th at 2025 World Championships Marathon; winner of 2021 Pittsburgh 10K.
Anna Rigby	USA	35:05 (Richmond, 2024)	1:17:45 half marathoner
Orla O'Connor	Ireland	35:23 (Gloucester, 2023)	Providence College
Megan O'Neil	USA	35:53 (Charlevoix, 2023)	20th at the 2026 Boston Marathon; member of the Hansons-Brooks team
Ruby Krasnow	USA	N/A	Has run 15:59.16 and 33:45.66 on the track this year; 2nd at 2026 Penn Relays 10,000m.
Sydney Clary	USA	N/A	17th at 2026 Boston 5K
Jaime Lord	USA	N/A	6th at 2026 New Bedford Half.
Brooke Wildermuth	USA	N/A	6th at 2026 Projet 26.2 in 2:36:11; 22nd at 2026 US 5K champs; 2nd at 2026 Naples Half.

MEN'S WHEELCHAIR DIVISION	COUNTRY	NOTES
Evan Correll	USA	3 rd place at 2025 B.A.A. 10K; won NCAA 100m title last week
Hermin Garic	USA	Runner-up at 2025 B.A.A. 10K; 3-time B.A.A. 10K champion (2022-2024)
Delmace Mayo	USA	Top Bostonian finisher at the 2026 Boston Marathon; 5 th place last year
Tony Nogueira	USA	6-time champion of the B.A.A. 10K
Jason Robinson	USA	14 th place at 2026 Boston Marathon
Daniel Romanchuk	USA	2-time Boston Marathon champion & 2-time B.A.A. 10K winner; reigning champion; event record holder (20:17)
Jeyna Senbeta	USA	4 th at 2025 B.A.A. 10K; 21 st place at 2026 Boston Marathon

WOMEN'S WHEELCHAIR DIVISION	COUNTRY	NOTES
Hoda Elshorbagy	Egypt	2024 B.A.A. 10K champion; 2 nd place at 2025 B.A.A. 10K
Hannah Dederick	USA	2-time Paralympian (2020, 2024)
Yen Hoang	USA	2023 B.A.A. 10K champion; 2025 Boston Half winner.
Tatyana McFadden	USA	Defending champion and 5-time Boston Marathon winner.

MEN'S PARA ATHLETICS DIVISIONS	COUNTRY	DIVISION	NOTES
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Aymon Langlois	USA	T11-13	
Kade Lubner	USA	T35-38	6-time American record holder (T35); 3 rd place in 2026 Boston 5K.
Casey Orndorff	USA	T35-38	
Atsbha Gebremeskel	Ethiopia	T45-47	3-time B.A.A. 10K division winner
Brian Reynolds	USA	T42-44/T61-64	Set world record last year for classification (38:40)
Marko Cheseto Lemtukei	USA	T42-44/T61-64	2-time B.A.A. 10K winner

WOMEN'S PARA ATHLETICS DIVISIONS	COUNTRY	DIVISION	NOTES
Cristina Burbach	USA	T35-38	2-time champion of the B.A.A. 10K & event/world record holder (47:49)
Kelly Bruno	USA	T42-44/T61-64	2024 winner in an event record 44:59
Jennifer Perez	USA	T42-44/T61-64	